

# SSSD's Health Interventions in September

## Hama

During the month of September, the health point at Souran Community Center carried out many health activities with the aim of promoting health in the region in cooperation with the United Nations High Commissioner for Refugees, the most important of which are as follows:

- 1) Within the framework of the implementation of a health initiative in Morek (emergency group, work has been done to form the team and coordinate the necessary training for them, as the initiative is based on the formation of a first aid team (2 people from each school, a nurse of the health center, and an individual from each neighborhood) and to provide training in cooperation with the Directorate of Health in Hama, with the aim of bridging the gap between the beneficiary and access to the required service.



- 2) In order to raise health awareness, **10** health education sessions were carried out targeting approximately **191** beneficiaries, and the target groups varied between males and females, and the age groups were (children - adolescents - women - men - the elderly) and took place within the Souran Community Center and outside it (Morek mobile team).

The topics of the sessions varied around first aid (wounds and burns) and the correct initial handling of them, and about gynecological infections and their symptoms, methods of prevention, arthritis and their symptoms, and about Diabetes and hypertension, their symptoms, risk factors and complications, methods of prevention, the normal value of blood pressure and sugar, and the importance of lifestyle changes.

- 3) About 12 health counselling sessions were provided to approximately 25 beneficiaries, and the consultations varied between family and individual counseling and focused on high arterial tension, diabetes, fungal gynecological infections and ways to scare the symptoms.

## **Homs**

In cooperation with UNHCR, SSSD conducted the following health activities

### ***Qusayr HP***

The health point team at the Qusayr Community Center held awareness sessions on the importance of personal hygiene. SSSD team targeted young girls. The focus of the session was on the importance of cleanliness and its great role in preventing the transmission of diseases, and the methods and customs they must follow to keep their lives safe and healthy. In conclusion, she Young girls write down some habits that must be followed to be in good health



## ***Hosn HP***

On 4-5-6/9/2023, a health survey was carried out for the elderly in the Al-Hosn area about the health problems and challenges they face, through networking with the home rehabilitation file for the elderly and in cooperation with the community health team. Another health survey was also carried out on 14-17-18/ 9/2023 At Samih Kajak School for 100 children about hepatitis, where the infected people were monitored by asking the children and the teaching staff questions related to the disease.

One of the most prominent activities during the month of September was the implementation of the More Beautiful Smile initiative, where toothbrushes and toothpaste were provided to children in schools aged (5-10) years. The initiative received remarkable feedback from the children and families.

