## SSSD Health Interventions\_ May

## **Homs**

In partnership with UNFPA, the SSSD team Intervened in 6 new villages during May within the framework of expanding the scope of medical and social services in the area, and to meet the needs.

The RH/GBV mobile team conducted 40 visits and implemented the following:

- A series of awareness lectures about the menstrual cycle and its disorders were presented, with some educational exercises (measurement of arterial pressure - types of injections - how to give them)
- The main health services were provided, including clinical examination, ultrasound imaging, giving appropriate medicines, prenatal care / postpartum care, consultations regarding infertility, contraception, and early detection of tumors.
- Personal hygiene services were provided during the menstrual cycle for adolescent girls
  by showing explanatory videos and providing instructions on how to deal with the latter.
  Furthermore, an event and activities were made for the International Day of Personal
  Hygiene during menstruation on May 28, 2023, and dignity kits were distributed.

On the social level: The beneficiaries were supported through group and individual sessions regarding psychosocial support and support against gender-based violence, which included many activities. The number of new beneficiaries of the services provided in those areas was 200 women and adolescent girls.





# **Deir Ezzor**

In partnership with UNHCR, the health team at the Deir Ezzor health point implemented awareness and education sessions on the occasion of the World Hypertension Day.

Awareness sessions were also implemented on other topics (health problems of consanguineous marriage - misuse of prescribed medications - sleep disorders and anxiety associated with school students during the examination period - healthy eating and food poisoning). The number of beneficiaries reached 79.

In addition, 125 medical consultations were provided by the health point doctor during the month of May.



#### Hama

During the month of May, the health point in Suran, in partnership with UNHCR, implemented many health activities with the aim of promoting health in the which ilcuded:

- In view of the prevalence of some cases of leishmaniasis, two health education sessions were implemented for 41 patients, focusing on ways of transmission of leishmaniasis and methods of prevention.
- In order to raise awareness of the health effects of sexual assault, sexually transmitted diseases, and the importance and possibility of contraception during the first hours after exposure to an assault, the SSSD health programme networked internally with the SSSD GBV programme to give awareness sessions in this regard.
- Other sessions focused on ways to prevent lice and the importance of personal hygiene, with the aim of changing some unhealthy behaviors when washing hands. Children were taught to acquire the correct and healthy hand washing skills.
- Within the framework of sustainability in health through community health, and based
  on the importance of the latter, a preparatory meeting was held to form a community
  health group in the region.
- Within the framework of building the capacity of the community and acquiring skills, networking with the SSSD MIKA programme was made in order to achieve integration of the services provided, as about 30 beneficiaries were taught to use the home glucose monitor device nebulizer, increasing awareness on the importance of replacing needles to prevent the risk of disease transmission such as hepatitis B, as well as the need to change spray masks for each beneficiary, as each patient needs a special mask, and the importance of washing and sterilizing the mask after each session.



## <u>Aleppo</u>

During the month of May, the 2 RH/GBV mobile units, in partnership with UNFPA, provided examination services for pregnant women through echocardiography, treatment of gynecological diseases, and provision of gynecological consultations in villages near Aran which do not have medical facilities, whereby the nearest medical facility is 10 km away, which may deprive many women of treatment. In addition to providing medical and psychological awareness sessions, which contributed to raising awareness among many of the women and adolescent girls in these villages. Furthermore, the number of beneficiaries reached were around 450 in each mobile unit.

One of the team's success stories is the story of a woman who was suffering from gestational stress, and she suffered from convulsions, which caused miscarriages without the woman knowing why. After she was examined and diagnosed, she was referred to a hospital, and the patient delivered successfully. Furthermore, she and the baby are both in good health.

